

Ostomies Online

Some of the cool stuff that is on the internet...



Official Ostomy Sites

Ostomy Canada

<https://www.ostomycanada.ca/>

United Ostomy Associations of America (UOAA)

<http://www.ostomy.org/>

- UOAA Discussion Forum
- <https://www.uoaa.org/forum/index.php>

A few Bloggers and YouTubers

Ostomy Outdoors

<http://ostomyoutdoors.com/>

Vegan Ostomy

<https://www.veganostomy.ca/>

The Front Butt YouTuber

<https://www.youtube.com/user/TheFrontButttuber>

Ostomystory

<https://www.youtube.com/channel/UCy7UAvblexx0RpDuIpsY-Hw>

Stolen Colon

<http://stolencolon.com/>

Outpatient

<https://www.youtube.com/channel/UC8rdZ1g-PhP0njLw0fgIglw>

Ostomy Outdoors - Heidi Skiba

<http://ostomyoutdoors.com/>

Dealing with waste in the backcountry

<http://ostomyoutdoors.com/2015/09/21/my-favorite-products-for-dealing-with-ostomy-waste-in-the-backcountry/>

Episode 3: Backpacking Preparation

https://www.youtube.com/watch?v=OYW5_BHxqpY

<http://ostomyoutdoors.com/helpful-links/>

Vegan Ostomy - Eric Polsinelli

<https://www.veganostomy.ca/>

What I eat as a Vegan Ostomate (w/ video)

<https://www.veganostomy.ca/2015/04/what-i-eat-vegan-ostomate.html>

Yes, Ostomy Products Can Expire: OSTOMY TIPS

<https://www.veganostomy.ca/2016/02/ostomy-product-expiry.html>

Dealing with Ostomy Blockages (w/ video)

<https://www.veganostomy.ca/2016/01/dealing-with-ostomy-blockages-w-video.html>

Dealing with a Cold or Flu: Ostomy Tips

https://www.veganostomy.ca/2016/01/cold_and_flu.html

Vegan Ostomy - Eric Polsinelli

Coloplast Sensura Mio 2pc: REVIEW (w/ video)

<https://www.veganostomy.ca/2015/12/coloplast-sensura-mio-2pc-review.html>

Dealing With Ostomy Leaks – OSTOMY TIPS

<https://www.veganostomy.ca/2015/08/ostomy-leaks-tips.html>

Have Fun at an Amusement Park With an Ostomy (w/ Video)

<https://www.veganostomy.ca/2015/05/amusement-park-rides-ostomy.html>

The Front Butt YouTuber - Megan

<https://www.youtube.com/user/TheFrontButttuber>

How To Burp An Ostomy Bag

<https://www.youtube.com/watch?v=HRd5104irXg>

Vlog: Those Darn Ostomy Leaks

https://www.youtube.com/watch?v=S5trxq2s_xk

Crap ostomates say: Part 1

<https://www.youtube.com/watch?v=UzElnS52sHw>

Crap Ostomates Say: Part 2

<https://www.youtube.com/watch?v=GzpnczP1pdU>

Notes on Dressing with an Ostomy

Dressing with an Ostomy: A Clothing Guide for Men (with video)

<https://www.veganostomy.ca/2014/11/dressing-with-an-ostomy-clothing-guide-for-men.html>

What to wear with an ostomy

https://www.youtube.com/watch?v=ZIS896ZS_vA

- You can still feel good wearing a swimsuit with an ostomy!
- <https://www.youtube.com/watch?v=9ycHbcxzi1c>

Pinterest

www.pinterest.com

<https://www.pinterest.com/awestomy/ostomy-and-ibd-humor/>

An Ostomate's Urban Dictionary

Awestomy!

<http://www.awestomy.com/newostomy-slang-dictionary/>